The following 5 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up, until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

**Circle the letter that matches what you ate:**

1. During the past 7 days, how many times did you eat fruit? (do not count Fruit Juice)
   a. I did not eat fruit during the past 7 days
   b. 1 – 3 times during the past 7 days
   c. 4 – 6 times during the past 7 days
   d. 1 time per day
   e. 2 times per day
   f. 3 times per day
   g. 4 or more times per day

2. During the past 7 days, how many times did you eat green salad?
   a. I did not eat green salad during the past 7 days
   b. 1 - 3 times during the past 7 days
   c. 4 - 6 times during the past 7 days
   d. 1 time per day
   e. 2 times per day
   f. 3 times per day
   g. 4 or more times per day

3. During the past 7 days, how many times did you eat potatoes? (Do not count French fries, fried potatoes, or potato chips)
   a. I did not eat potatoes during the past 7 days
   b. 1- 3 times during the past 7 days
   c. 4 - 6 times during the past 7 days
   d. 1 time per day
   e. 2 times per day
   f. 3 times per day
   g. 4 or more times per day

4. During the past 7 days, how many times did you eat carrots?
   a. I did not eat carrots during the past 7 days
   b. 1 – 3 times during the past 7 days
   c. 4 – 6 times during the past 7 days
   d. 1 time per day
   e. 2 times per day
   f. 3 times per day
   g. 4 or more times per day

5. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots)
   a. I did not eat vegetables during the past 7 days
   b. 1 – 3 times during the past 7 days
   c. 4 – 6 times during the past 7 days
   d. 1 times per day
   e. 2 times per day
   f. 3 times per day